

Evrydiki Kravvariti, Specialist in Internal Medicine – Subspecialty Geriatrics
Assistant Professor of Geriatrics, 1st Department of Propaedeutic Internal
Medicine
School of Medicine, National and Kapodistrian University of Athens (NKUA)

1999 - 2005: MD, NKUA

2006-2008: MSc in Biostatistics, School of Medicine, NKUA,

2008-2011: Internal Medicine Residency - Albert Einstein College of
Medicine/ Jacobi Campus, NY, USA

2011-2013: Geriatrics Fellowship - New York University/Bellevue-Langone Campus, NY, USA

2013-2016: Internal Medicine Residency - First Department of Internal Medicine, School of Medicine, NKUA

2016-2020: PhD - 1st Department of Propaedeutic Internal Medicine, School of Medicine, NKUA

2021-2024: Appointed Lecturer in Geriatrics - 1st Department of Propaedeutic Internal Medicine, School of Medicine,
NKUA

2018-present: Project manager and coordinator the Postgraduate Medical Studies Program “Physiology of Aging and
Geriatric Syndromes” - School of Medicine, NKUA

2022-present: Working group leader at the European COST action PROGRAMMING, a multi-national effort to
improve Geriatric education, under the auspices of the European Geriatric Medicine Society

2023-present: Scientific supervisor of the first dedicated outpatient Geriatric Unit within the Greek National
Healthcare System at “Laikon” University Hospital

2023-present: Vice-president of the Greek General Health Assembly Task Force for establishing Geriatrics as a
medical sub-specialty

2025-present: Assistant Professor in Geriatrics - 1st Department of Propaedeutic Internal Medicine, School of
Medicine, NKUA

Since 2024 she has served as a co-author on the Greek Guidelines for the management of obesity, the Greek National Dietary Guide for persons over 65, and the European Federation of Internal Medicine Guidelines for the identification and management of sarcopenia in patients with multimorbidity. She has authored over 60 research publications and over 15 geriatric chapters in university textbooks. She has edited the Greek publication of “Being Mortal” by Atul Gauande (2016), and “Borrowed Time” by Sue Armstrong (2021). Her research interests include geriatric frailty, dysphagia, undernutrition, and polypharmacy, and psychological aspects of medical therapeutics.

